



PORTFOLIO

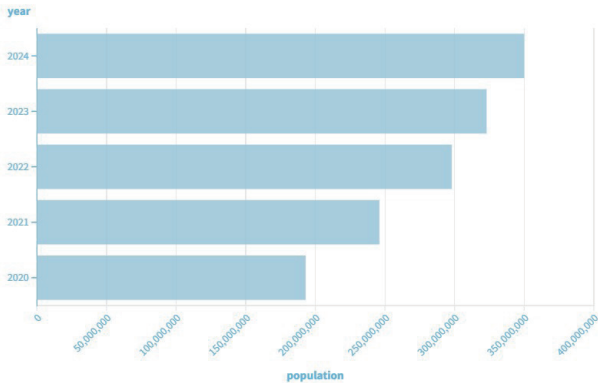
AFTER THE END *post-human anxiety*

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BACKGROUND

"Posthuman anxiety" is a concept involving philosophy, sociology and cultural studies. It reflects the uncertainty and anxiety that humans feel when facing multiple factors such as technological progress, artificial intelligence development, biotechnology innovation and environmental changes. This anxiety stems from deep thinking about the future, identity, social role and ethics of human beings.

the change of depression rate



焦虑的反义词是什么

是具体

4 STRESSORS ON SOCIAL MEDIA

1 Highlight Reel	2 Social Currency
3 Fear Of Missing Out (F.O.M.O.)	4 Online Harassment

是第四项 网络骚扰。 Online Harassment.

来自美国，加拿大，英国的无数研究
Numerous studies from the US, Canada, the UK, you name it,
都将严重的焦虑和抑郁问题
have linked this high social media use
与社交媒体的过度使用联系起来
with these high levels of anxiety and depression
18-29岁的人群中，社交媒体使用者高达90%。
90% of 18- to 29-year-olds are on social media
平均每天我们要花两小时在逛社交媒体上
We spend on average two hours a day there
我们甚至每天吃饭都用不了两小时
We don't even eat for two hours a day!

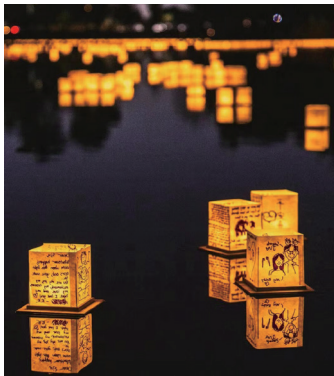
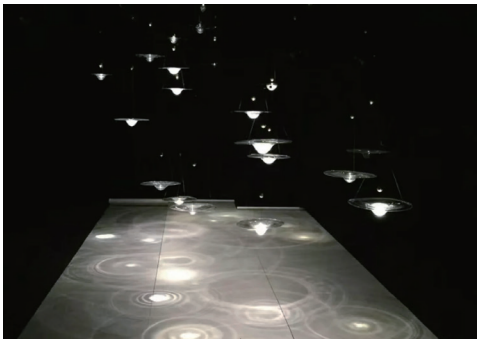
尤其是今天年轻人的失业率在20%
我们对那个失业的定的标准并不高
一周工作一小时就不算失业
在这个标准不高的情况下
年轻人那么高的失业的话
他们需要寻找一种
就是暂时忘掉生活中的困难
他们需要快乐一下

媒体如何改变我们对幸福的感知
数字抑郁时代
DIGITALE DEPRESSION

In this era of rapid development of information technology, people's lives have become more and more hurried. The fast-paced life has made many people ignore some thoughts about life, and their hearts have become more and more impetuous. Many private lives and things deep in their hearts have not been thought through and handled clearly. The pressure of life has also made most people more anxious and confused. The increase in depression rates, people can't see their own value, and what is the meaning of life. A large part of the reason is actually ignoring their own inner needs and being pushed by the outside world. After communicating with different people, I found that most people nowadays are pessimistic about the world and life.

The concept of design

reference



Generate

与人的互动

Write down the knots or regrets we have been unable to resolve or the things we have never said in our hearts on paper lanterns. Create an opening for emotions.

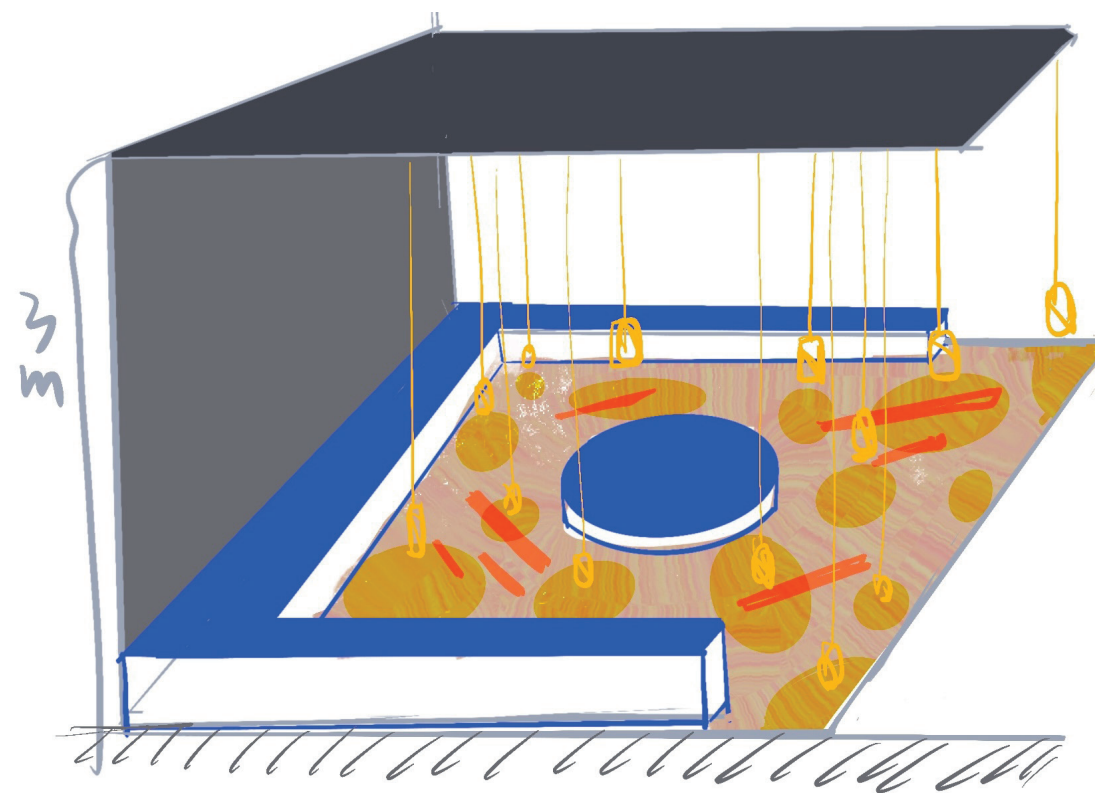
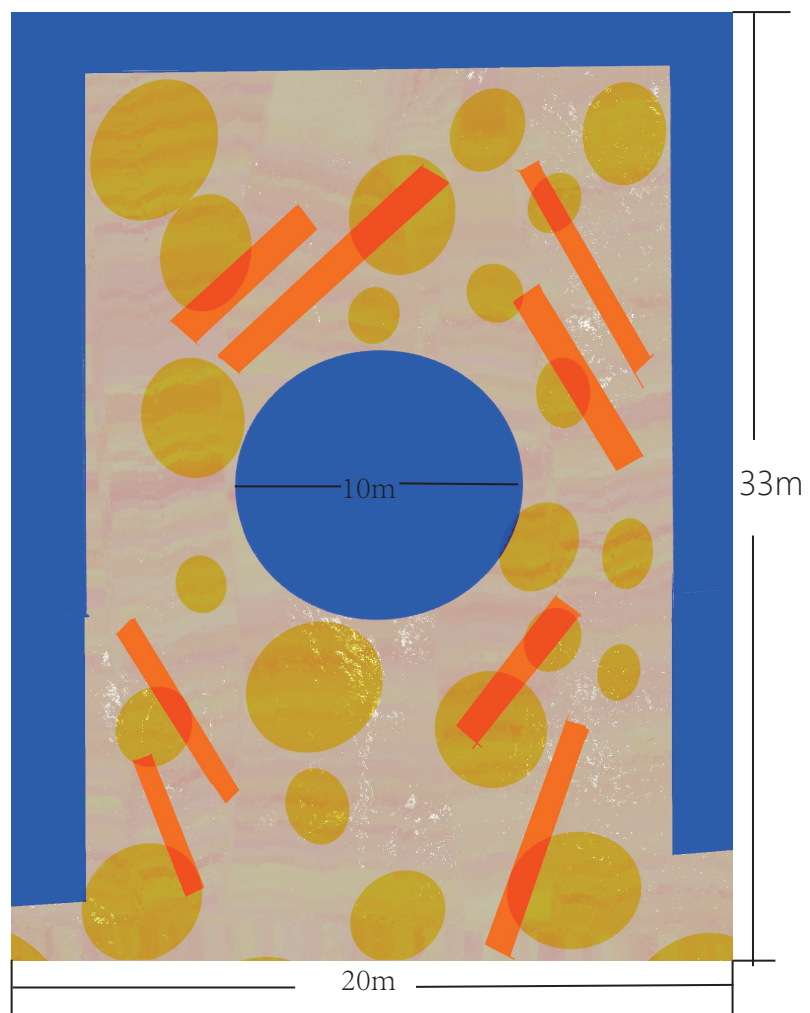
The water in the bottle is of different depths, and then the bottle mouth is equipped with light beads. The ground is covered with sand. Different water levels will project different light effects on the ground. The distance from the water bottle to the ground is about 1-2m. If a person collides with the bottle, the fluctuation of the water surface can present a more dazzling light and shadow effect.

水和光影营造氛围感
以便观众更好的融入环境

There will be a pool of water in the room, and each audience member will have a water lantern. Write down what you want to say and put it into the flowing pool. It can be regarded as a farewell ceremony. Make an explanation and say goodbye to the past. Start a new beginning.

互动中水体和光
作为媒介作为媒介

Sketch

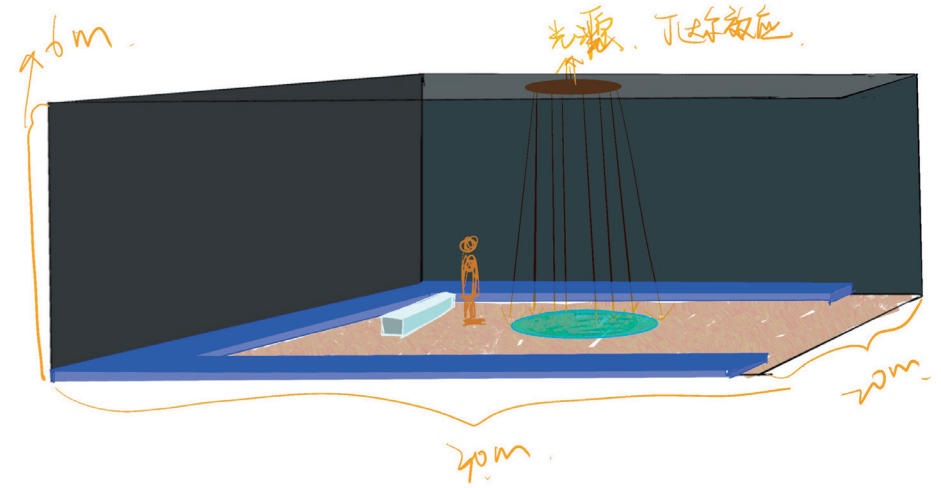
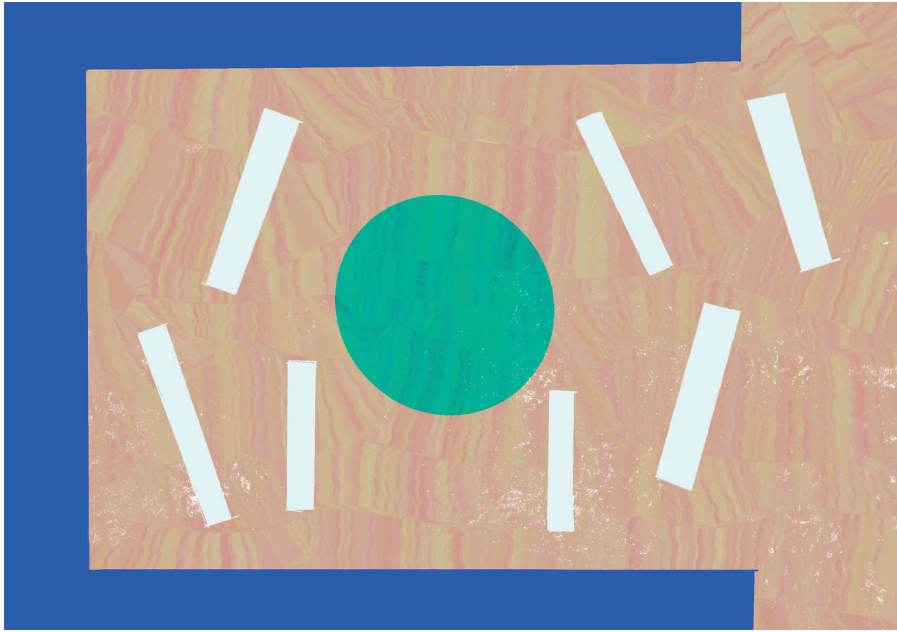


材料：矿泉水瓶 灯珠 纸灯

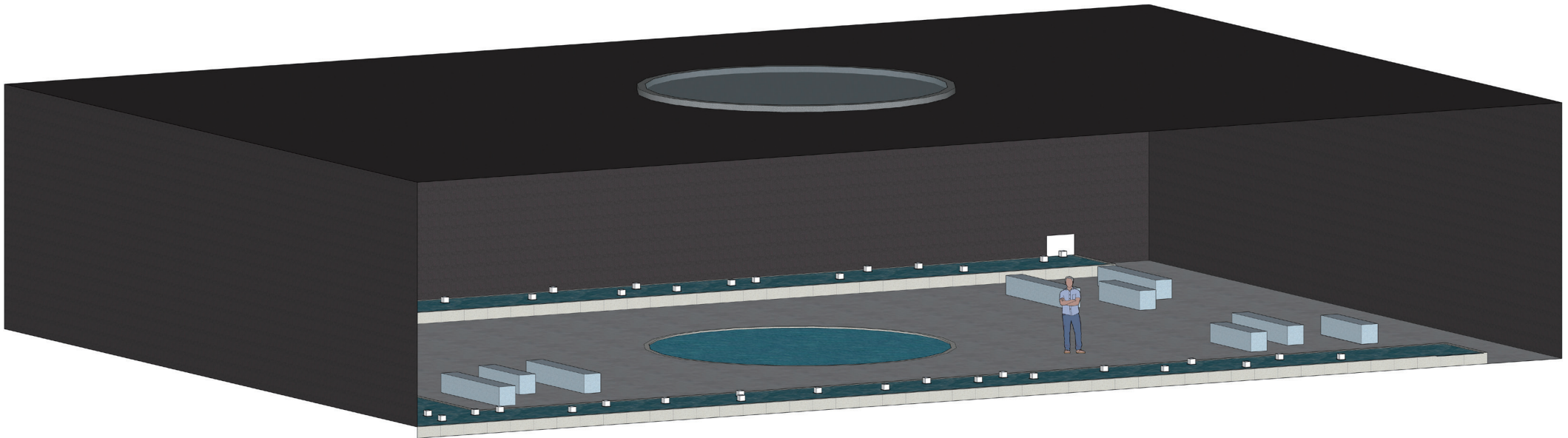
Creation purpose

The world we once knew, and the practices that helped us endure pain... a farewell to the past, an account, and a new beginning. It is also equivalent to a public farewell ceremony, promoting people's thinking about confused lives and an increasingly alienated world.

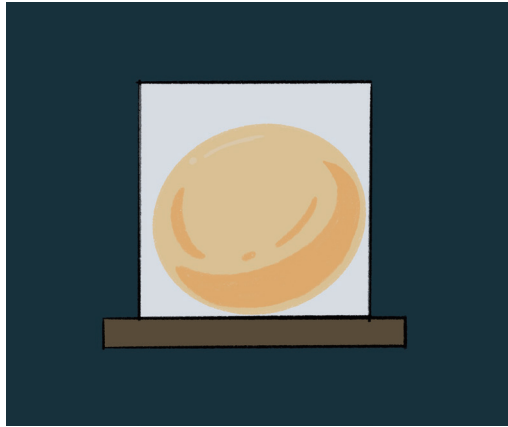
The saecond sketch



The first model



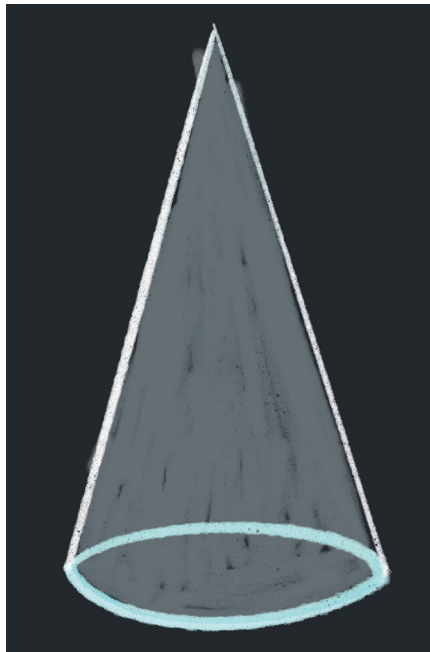
materials



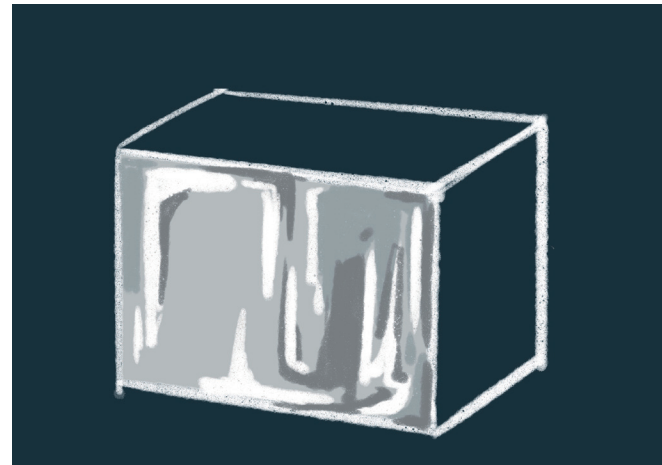
paper
led
planks



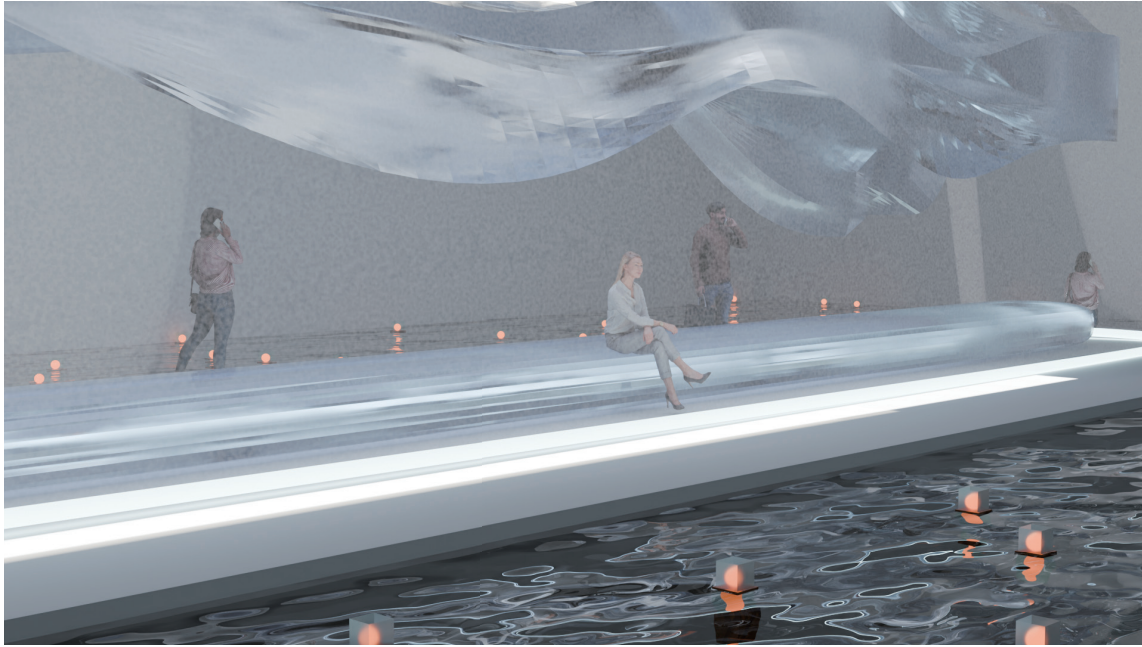
acrylic



spotlight
led

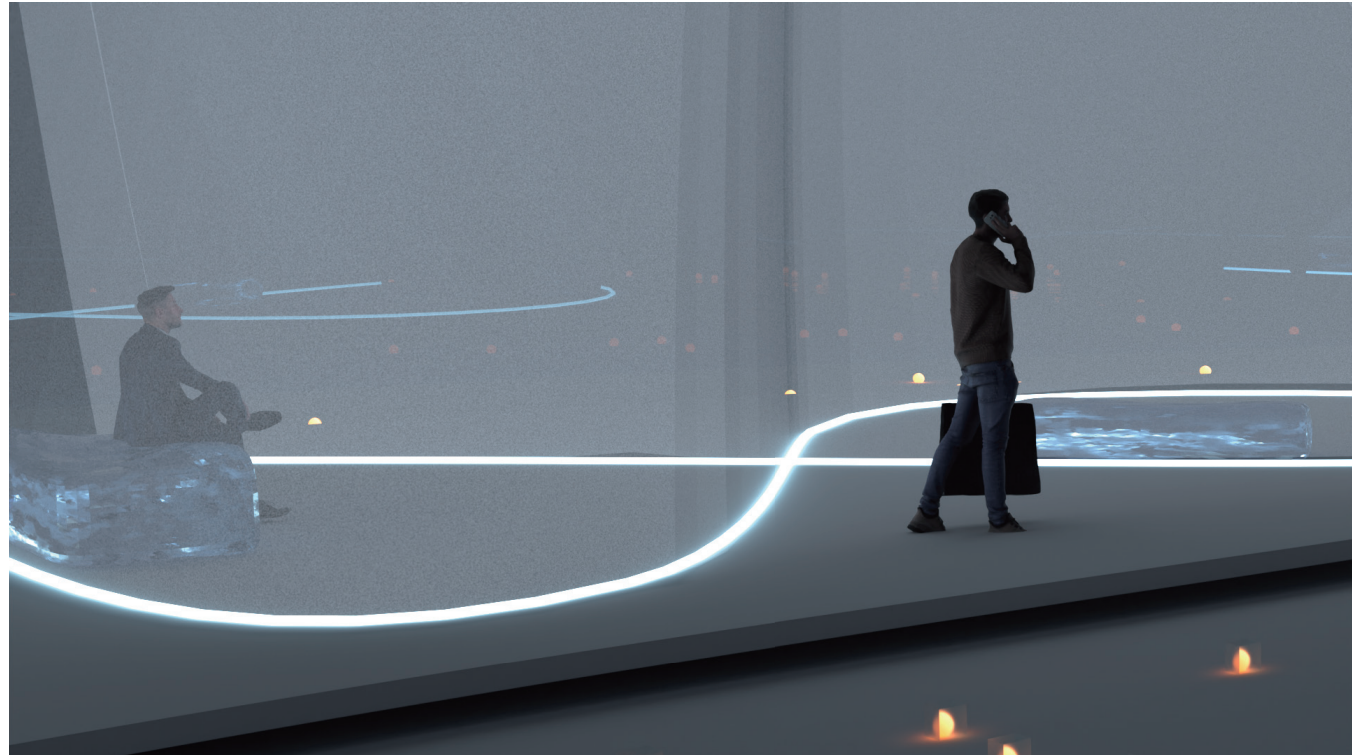


walls of the exhibition
hall are compressed
of mirrors

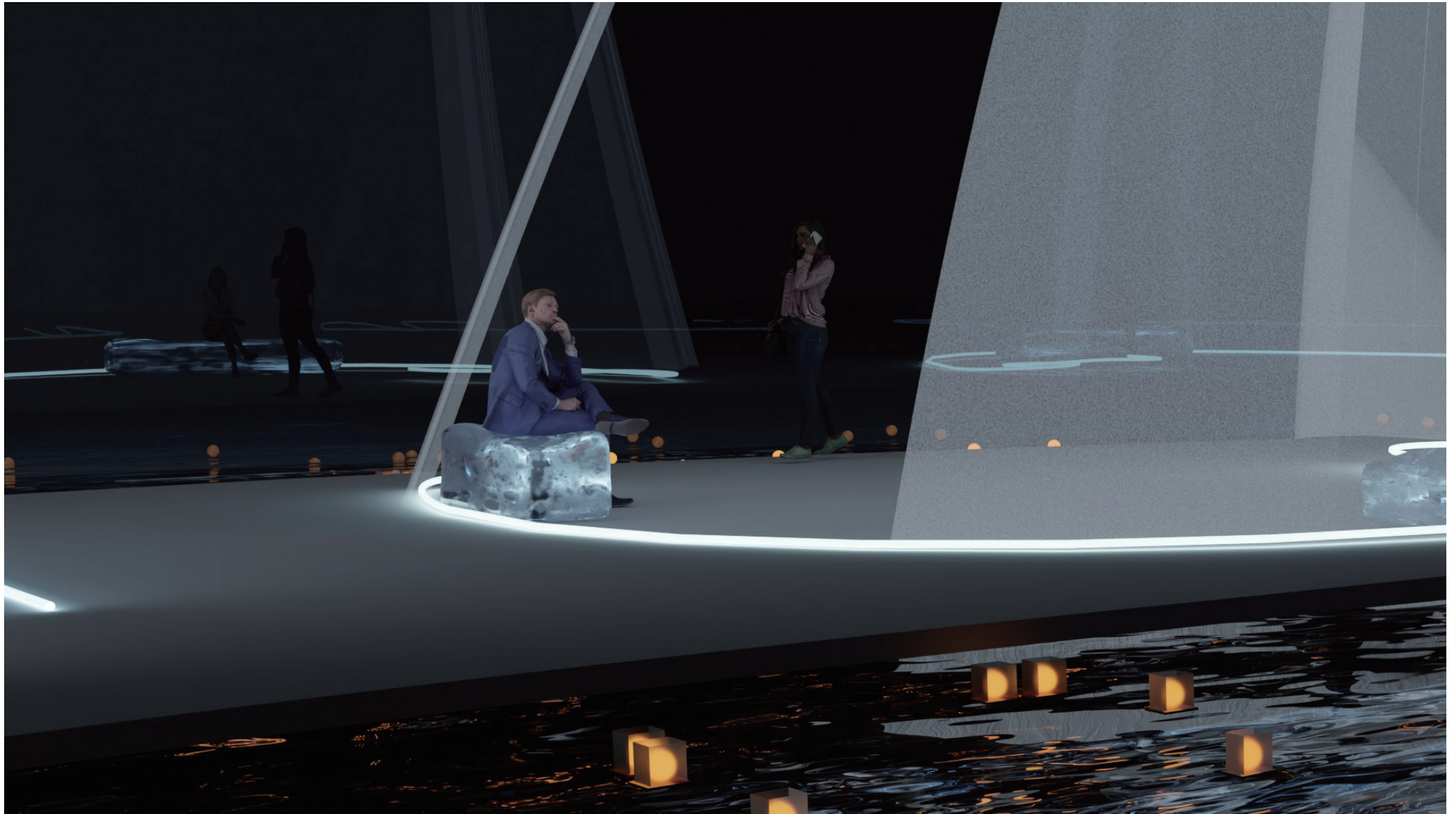


The Second model's rendering

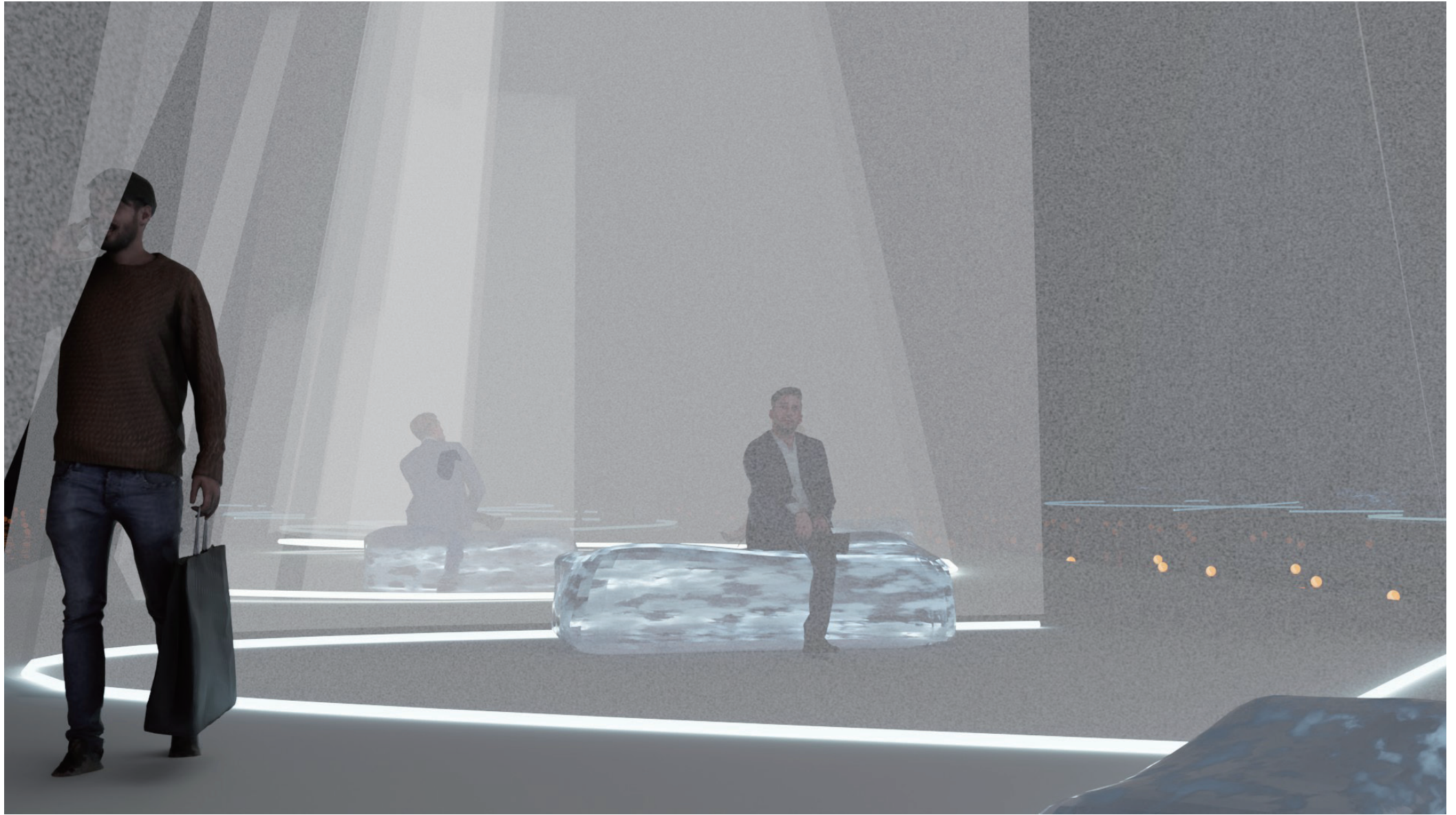
The final model's renderings

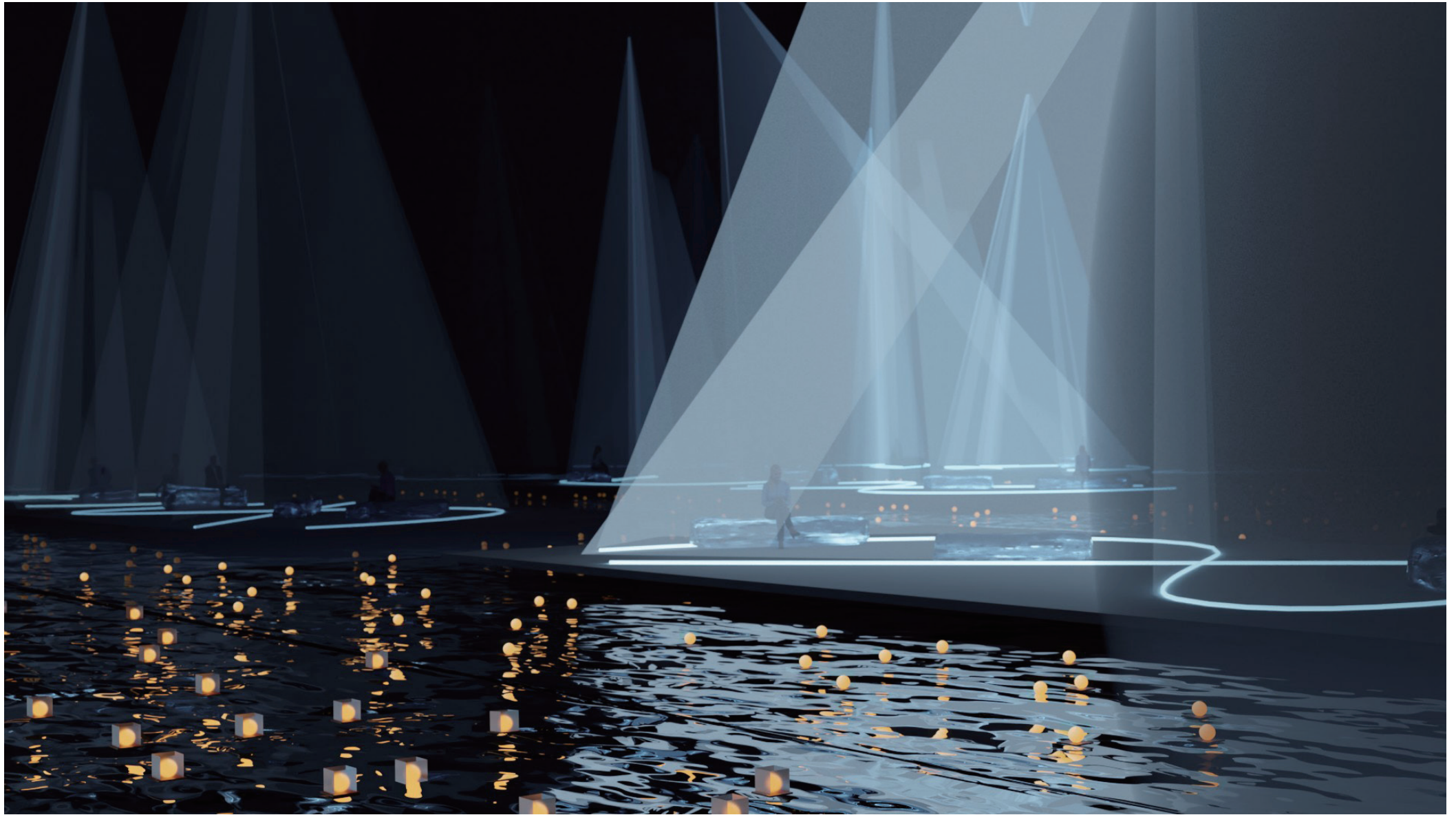
















Describe your loss or regret. This simple request will be posed to every visiting guest. The exhibition creates a communal ritual for contemplating various forms of loss: the passing of loved ones, the dissolution of relationships, the decline of health, the fading of the world we once knew, and the practices that help us endure suffering. Visitors are invited to share their experiences on paper lanterns and release them onto the water's surface. Lit from within, each response becomes a reverent candle, collectively forming an evolving field of light. Guests may sit on transparent, ice-like benches beneath the subdued glow to reflect on their experiences. 《After the end》 offers a modern sanctuary, reminding us that we are not alone as we mourn the end of one reality and step into the next. Hope.

描述一下你的损失或者遗憾。这个简单的请求将被问及每位参观“After the End”的游客。这次展览创造了一种公共仪式，以思考各种形式的损失：失去亲人、关系、健康和我们的曾经熟悉的世界，以及帮助我们忍受痛苦的实践。游客被邀请在纸灯上分享他们的经历，并将纸灯放在水面上。从内心点燃，每一个回应都成为一支虔诚的蜡烛，它们一起形成了一个不断发展的光场。游客可以坐在透明，形似冰块的座椅上和幽静的灯光下里思考自己的经历。《After the end》提供了一个现代避难所，提醒我们，当我们哀悼一个现实的结束并进入下一个现实时，我们并不孤单。希望每一个人都能从这个场地和仪式中找到心中最安静的地方，放下过去，迎接新的开始。