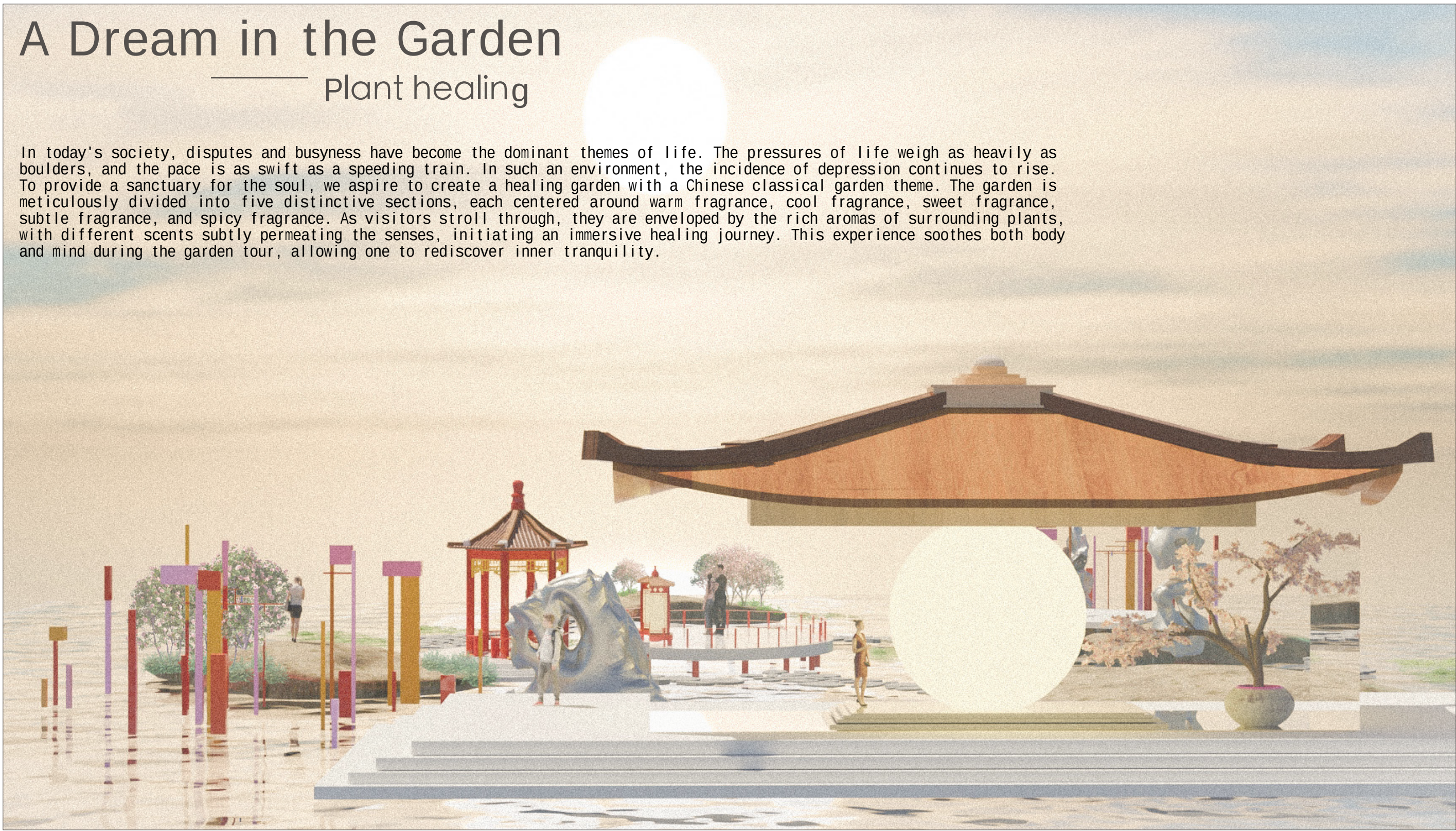


A Dream in the Garden

Plant healing

In today's society, disputes and busyness have become the dominant themes of life. The pressures of life weigh as heavily as boulders, and the pace is as swift as a speeding train. In such an environment, the incidence of depression continues to rise. To provide a sanctuary for the soul, we aspire to create a healing garden with a Chinese classical garden theme. The garden is meticulously divided into five distinctive sections, each centered around warm fragrance, cool fragrance, sweet fragrance, subtle fragrance, and spicy fragrance. As visitors stroll through, they are enveloped by the rich aromas of surrounding plants, with different scents subtly permeating the senses, initiating an immersive healing journey. This experience soothes both body and mind during the garden tour, allowing one to rediscover inner tranquility.



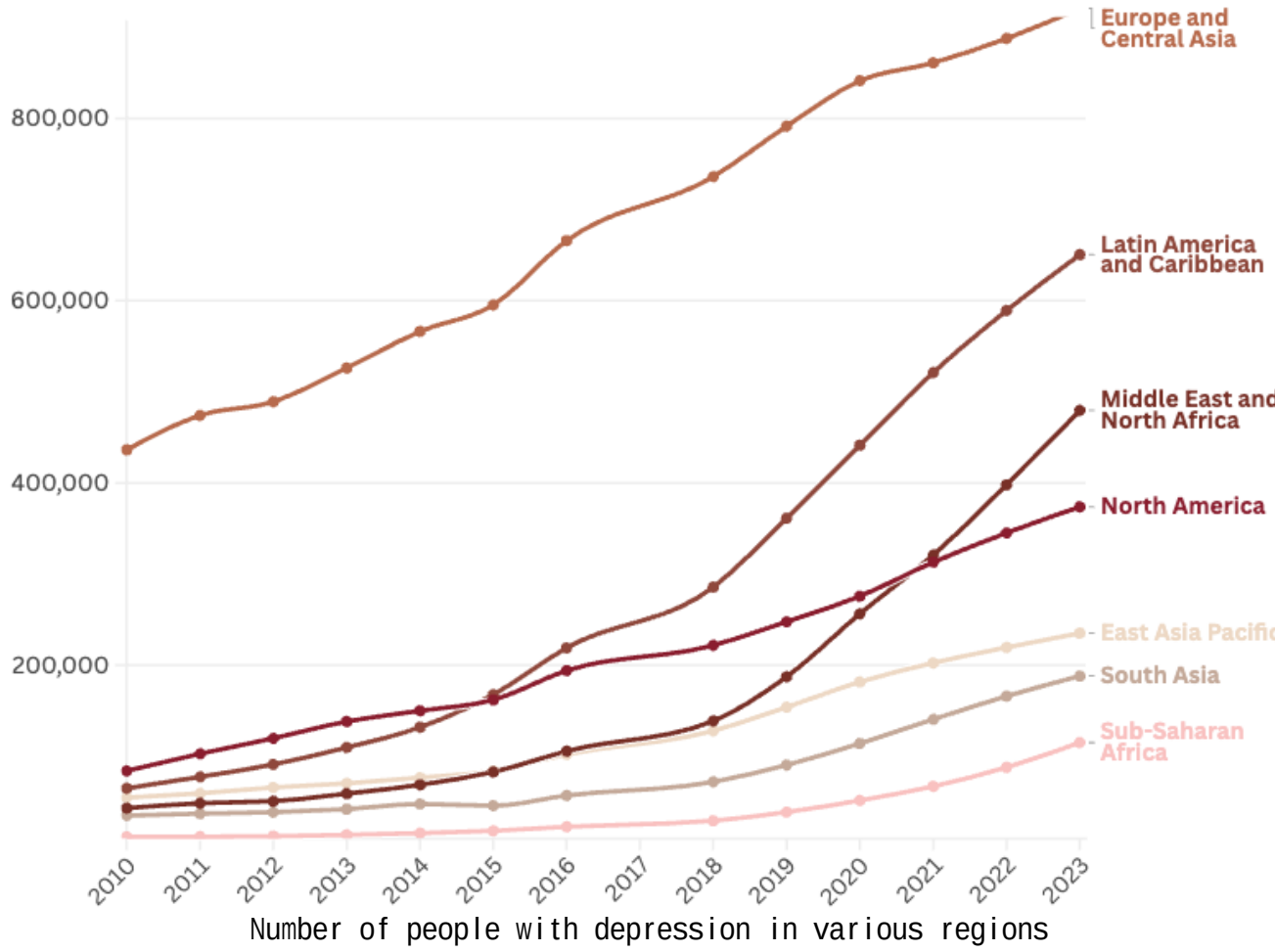
Preliminary research

Theoretical Basis
Biophilia Hypothesis
Theoretical Origin: Proposed by renowned Harvard biologist Edward O. Wilson.
Core Concept: Humans inherently possess a deep emotional connection with nature, which can enhance our physical and mental well-being.
Artistic Inspiration: By designing natural environments or plant-based scenes, it is possible to evoke viewers' emotional connection with nature, thereby helping them alleviate stress and improve mood.



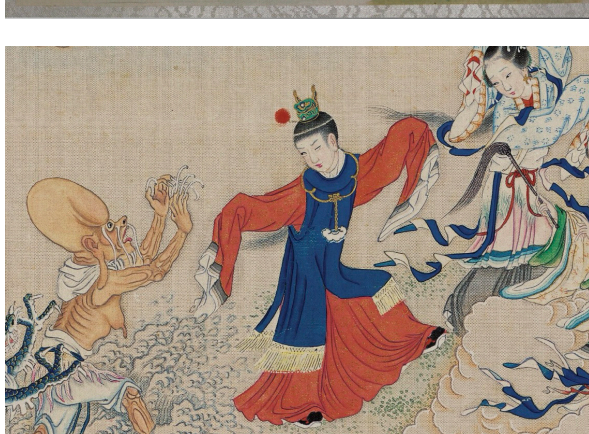
Classic Case: The Sensory Arts Garden at the Els Center of Excellence is located within the Els for Autism Foundation in Jupiter, Florida, USA, and was completed in November 2017. This garden is specifically designed for individuals with autism, aiming to promote their physical and mental well-being as well as social skills through multi-sensory experiences.

每年全球各地区抑郁人数



Creative Process

Source of Inspiration



In the literary masterpiece *Dream of the Red Chamber*, fragrance is not only a part of material culture but also a spiritual symbol and a metaphor for character traits. Cao Xueqin skillfully portrays the personalities and destinies of different characters through the scents they emit.
The "Subtle Fragrance" of Lin Daiyu: Lin Daiyu's scent is described as elegant, faint, and graceful, aligning with her talent, appearance, personality, and temperament. Her subtle fragrance symbolizes her ethereal refinement and profound inner emotions.

The "Sweet Fragrance" of Qin Keqing: The sweet fragrance of Qin Keqing is rich and alluring, closely related to her enchanting charm and emotional entanglements.

Wang Xifeng's "Pungent Fragrance": Wang Xifeng's scent is intense and spicy, symbolizing her strong, decisive, and sometimes ruthless nature.

Xue Baochai's "Cold Fragrance": Xue Baochai's "Cold Fragrance" originates from the "Cold Fragrance Pills" she consumes and her living environment, reflecting her composure and rationality.

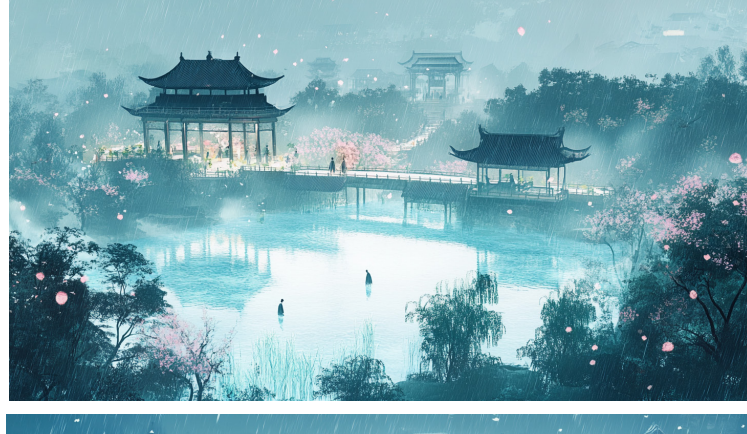
The "warm fragrance" of Jia Baoyu: Jia Baoyu's "warm fragrance" aligns with his passionate, caring, and tender-hearted personality.

These fragrances not only enrich the characterization but also deepen readers' understanding of the characters' inner worlds. Through the depiction of scents, Cao Xueqin reveals the complex emotions and destinies of the characters, as well as their subtle relationships with the surrounding environment

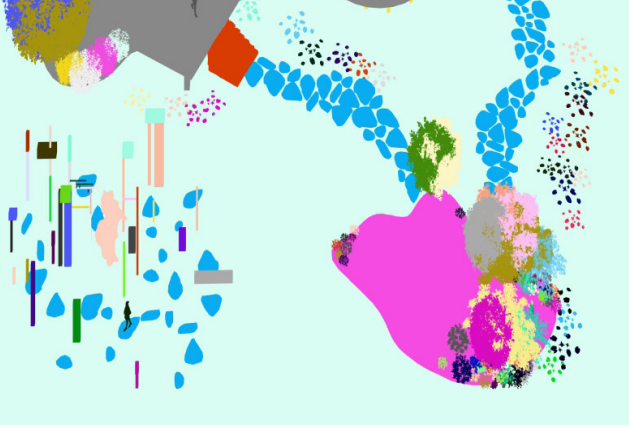
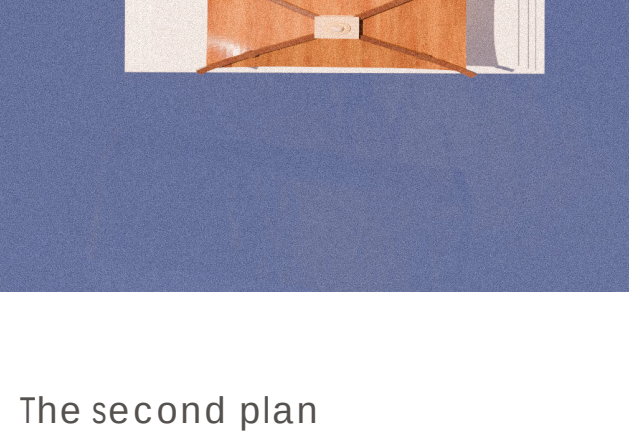
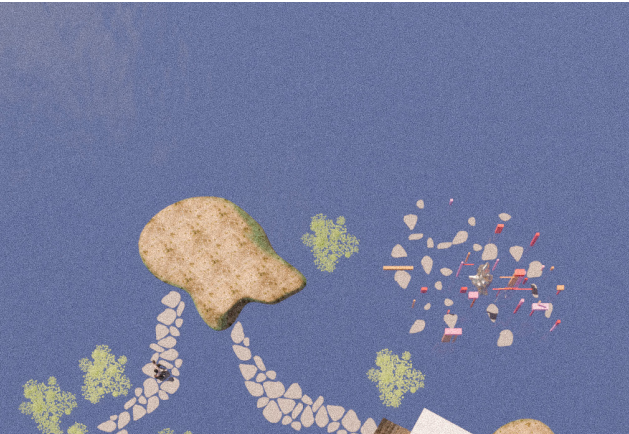
sketch



AI Intention Diagram



Preliminary plan



Cold Fragrance is primarily composed of magnolia and cold orchid, serving as the first section of the garden tour. The inspiration stems from Xue Baochai in *Dream of the Red Chamber*, who embodies rationality and composure—qualities perfectly complemented by the cool, refreshing scents of magnolia and cold orchid.
This initial section, centered around Cold Fragrance, effectively establishes a tranquil atmosphere, allowing visitors to seamlessly transition into an immersive viewing experience.



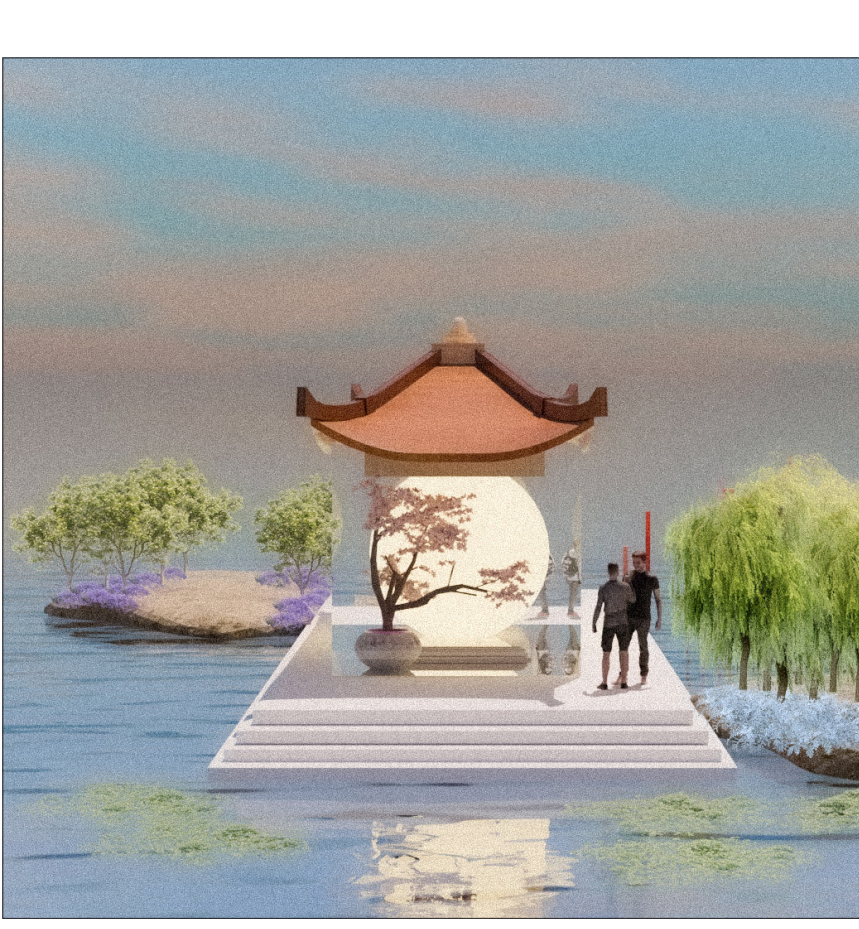
Warm Aroma is primarily composed of osmanthus and spider plants. Visitors first step onto a minimalist gray-white square platform where they can pause to rest or enjoy the scenery, then descend from the platform into the plant cultivation area. The inspiration comes from Jia Baoyu from *Dream of the Red Chamber*—she is passionate and warm, with the fragrance of osmanthus and spider plants always evoking sunshine and heartfelt comfort. The scent of this section conveys warmth and happiness.



Sweet Fragrance is primarily composed of gardenia and mimosa. The entire section consists of three parts: a circular viewing platform, descending steps leading to a small pavilion designed with classical elegance and Chinese charm, followed by a plant cultivation area. The inspiration stems from Qin Keqing from *Dream of the Red Chamber*, whose charm and allure are embodied in the sweet, fragrant aroma of gardenias and mimosa. The design of this section evokes a sense of comfort and delight.



The fragrance is primarily composed of snow willow and tuberose. The entire land is surrounded by snow willow, with tuberose and orchids planted underground. The inspiration comes from Lin Daiyu from "Dream of the Red Chamber," who was reclusive and exceptionally talented. The scent of snow willow and tuberose is cool and tranquil, perfectly matching Lin Daiyu's personal traits. The design of this section evokes a sense of quietness and serenity.



Pungent Aroma is primarily composed of rue and jade-like rue grass. It consists of a glasshouse and a plant cultivation area. Inside the transparent glasshouse stands a massive spherical lighting installation, beside which a cherry blossom tree is placed. Exiting the glasshouse and descending the stairs leads to the plant cultivation zone, densely planted with rue grass, rue, and some elm trees. The inspiration stems from Wang Xifeng in *Dream of the Red Chamber*, who was shrewd, capable, and fiery in temperament. The fragrance of rue carries a hint of pungency, unlike the gentle scents of the previous plants—its aroma possesses a certain aggressiveness. The design of this section offers a refreshing visual and olfactory experience, distinctly different from the others.

Plant Introduction

